

Wolf Pack WARRIOR

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8th Fighter Wing, Kunsan Air Base, Republic of Korea

May 7, 2004



Kunsan, Osan LRS duke it out for bragging rights

See page 2

NEWS BRIEFS

Sing like Hootie contest

A backstage pass to the Hootie and the Blowfish concert and dinner with the band will be awarded to the winner of the "Sing Like Hootie" Karaoke Contest May 14th at 7 p.m. in the Falcon Community Center. See Hootie and the Blowfish live May 17 at 7 p.m. in Hangar 3.

"Kunsan Idol" contest

The 8th Services Squadron is sponsoring a "Kunsan Idol" contest May 14 at 8 p.m. in the community activity center. The winner will receive a roundtrip airline ticket home. For more information, call 782-4619 or e-mail 8svs.communitycenter@kunsan.af.mil

Road closure

Due to construction near the main gate, all traffic will be diverted to 9th Street. Avenue B will be closed to all traffic from the transportation building to the main gate until approximately Aug. 15.

Thunderbirds

The U.S. Air Force Thunderbirds will be at Kunsan for an airshow and open house Sept. 17.

Alcoholics anonymous

An Alcoholics anonymous meeting is held weekly every Wednesday at 7 p.m. at the Sonlight Inn. AA is an organization with an impact that has helped many people and families over the years deal with alcohol addiction. This meeting is open to anyone who is interested. For more information, call Chaplain (Capt.) Michael Rash at 782-4300.

Tutoring

The Wolf Pack Study Center located in building 941 the communications squadron lounge, offers students a quiet place to study, proof reading and help with tutoring in college math, history, English, philosophy, management, geography, economics and computers every Monday and Tuesday from 6 to 10 p.m. For more information, e-mail Capt. Joan Ross at joan.ross@kunsan.af.mil or call her at 782-7540.

UBU Program

The 8th Services Squadron has implemented the Air Force's new You Be You dues policy at the Loring Club. Under the program, all airmen basics through senior airmen are eligible to receive free or reduced club dues rates until they reach the rank of staff sergeant. New club members will receive club membership at no cost for their first year, and will pay only \$4 a month after that until they reach the rank of staff sergeant.



Photo by Master Sgt. Randy Phelps

FSTR: Senior Airman Eric Spencer, 8th Civil Engineer Squadron Explosive Ordnance Flight, checks the condition of the tail fuse on a MK 84 bomb during a full spectrum threat response exercise here Tuesday involving a ground accident with conventional munitions. FSTR's are designed to train Wolf Pack members on how to respond to a major incidents. For more photos, see page 8.

Manpower finds new home

8th FW Manpower first in Air Force to align under MSS at wing level

By Senior Airman Cat Trombley
8th Fighter Wing Public Affairs

The 8th Fighter Wing Manpower Office merged with the 8th Mission Support Squadron Saturday becoming the first mission support squadron manpower flight at the base level in the Air Force.

The Air Force-wide merge is scheduled for July 1, but with the turnover in leadership at Kunsan during that time, the two involved units thought it better to implement the merge before the changeover in leadership occurred, Maj. Jeffrey Keef, 8th Mission Support Squadron commander said. This way, it's a better transition for the new team coming in.

The two units received approval for the early merge from Pacific Air Forces Command and Air Staff.

Since manpower controls the spaces people fill and personnel owns the resources that fill those spaces, the two units are used to working together on issues.

The biggest benefit of the merge is customer service will be better, said Capt. Paul Graddon, 8th Mission Support Squadron Manpower Flight commander.

"It will give the wing commander a single squadron he can look to for all his human resource type-actions," he said.

Major Keef agreed. "There needed to be a better linkage between the two. We're going to be able to better develop personnel. In the past, people were told this is a space (manpower) issue; this is a face (personnel) issue. Now, we won't have to send them to a different organization depending if its faces and spaces; the same organization will handle both," he said.

Col. Harvey Jones, PACAF Manpower Organization and Division chief, has high hopes for the merge.

"The personnel and manpower communities both contribute to managing the Air Force's most valuable resource — it's people," he said. "The merge will provide a greater opportunity to perform that management better. We expect to be

more efficient and effective in getting the right people to the right places with the right skills at the right time. We also will be able to afford manpower and personnel troops the broader opportunity to contribute to the Air Force mission."

Both Major Keef and Captain Graddon said the transition to become one organization was not hard.

"To be honest, at Kunsan we have had a very good relationship with manpower (so the 8th MSS mission will not be overly affected)," Major Keef said.

Captain Graddon said he does not foresee any changes in his mission.

"It will be nice to fall under a squadron," he said. "Not that it was bad being part of wing staff, but I think it will be good for the office to belong to a squadron."

In the future, more changes to manpower and personnel will occur. Although both Major Keef and Captain Graddon said nothing is set in stone, Air Staff is looking to change both personnel and manpower Air Force Specialty Codes to some degree, whether that means for officers and chief master sergeants or the whole career field is still to be determined. Major Keef said there is also the possibility the squadron will be renamed.

'Roadeo'

Kunsan, Osan LRS teams battle it out for bragging rights

By Tech. Sgt. Steve Horton
51st Fighter Wing Public Affairs

Teams representing Kunsan and Osan Air Bases gathered on Osan's flightline with dozens of supporters Saturday to compete in their version of the logistics readiness competition, known as "Roadeo."

After several hours of heated competition, the teams were separated by less than a minute, with Team Osan edging out their competition to win the over-all trophy in the day-long event.

The Air Force Roadeo competition, held annually at Eglin Air Force Base, Fla., was started in the 1980s because there was no competition for the logistics career field. It has grown each year and regularly has more than 300 competitors.

Osan's Roadeo only differed from the Air Force competition in size and scope, according to Tech. Sgt. Benjamin Goss, 51st Logistics Readiness Squadron and-captain for the fuels team.

"All of the events that took place Saturday actually take place at the Air Force-level competition," he said. "There were a few events we left out because we didn't have room and, because we only had two bases competing, we elected to have three teams from each base take part. That allowed more Airmen to be involved."

The teams battled each other in events such as the supply forklift slalom,

a transportation tractor trailer figure eight obstacle course, fuels in-shelter refueling, and in the grand finale, a fuels tire-changing race. During the events, teams were evaluated on driving skill, teamwork and mission accomplishment, all while being timed.

"The readiness competition focuses on war-readiness skills and teamwork," said Sergeant Goss. "All of the events are things that we do every day or in war. We focus on teamwork because working together is essential to getting the mission accomplished faster and safer."

Kunsan's team captain, Tech. Sgt. Dennis Schmitt, 8th LRS, agreed.

"The Roadeo is an excellent opportunity for us to showcase some of the skills that we perform on a daily basis," he said. "In addition to the friendly competition and the chance to earn bragging rights, it provides an opportunity to see old friends and make new friends in the (petroleum, oils, and lubricants) community."

Chief Master Sgt. Harold Stafford, Pacific Air Forces Fuels Functional manager, who helped judge the events agreed that the roadeo encourages comradery.

"Logistics is already a close-knit community, but this kind of competition brings us even closer together," Chief Stafford said. "The object is to try and tie the competition into our warfighting skills and have fun while doing it."

"It was exciting to see some of the Airmen who have never competed go



Photo by Tech. Sgt. Steve Horton

Senior Airman Justin Oakley, 8th Logistics Readiness Squadron, rolls an R-11 tire during the tire change event at Osan's version of the logistics readiness competition, known as "Roadeo," Saturday. The Roadeo was held as a friendly competition between Osan and Kunsan for bragging rights, which Osan won.

out and make an excellent showing," said Sergeant Schmitt, whose fuels team won the tire change event. "The tire change is the only original Fuels Roadeo event that has stood the test of time without being changed, in addition to being the most exciting to watch."

While Osan's 51st LRS won the over-all competition, it also won the over-all fuels portion, the over-all transportation portion, the in-shelter refueling and the tractor trailer backing events. The Kunsan team, however, didn't leave

empty handed. Besides winning the tire changing competition, it also won the over-all supply portion, the forklift slalom, forklift coin flip, and the 1.5-ton backing events.

"Osan did a great job hosting the event," said Sergeant Schmitt. "I've been to four of the Air Force-level competitions and this one was run equally as well. There is a lot of work that goes into hosting an event like this, and Osan set the bar for when we host it next year at Kunsan."

Club membership dues increase

As of May 1, some Wolf Pack members will see a slight increase to their monthly club membership dues. The decision was made after weeks of meeting with club members and exploring many combinations of options available to ensure the club remains financially sound.

"In order for the 8th Services Squadron to support programs such as the free food at the club and the new UBU program, where E-1s to E-4s can receive free or reduced club rates, membership dues for more senior members will increase by a few dollars," said Maj. Marc Piccolo, 8th SVS commander. "E-5s to E-9s will see a \$2 increase in dues to \$11 per month, and officers will see a \$4 increase, to \$16 dollars per month."

"We understand that it is a sensitive issue any time there is an increase in a club member's dues," said Major Piccolo. "However, the increase will allow the club to keep these existing programs intact with only minor changes, most of which will be transparent to members, and will also allow us to add more selections and to expand our programs for members."

"The most obvious change will be the Wednesday free meal," said Don Montgomery, Loring Club manager. "Most people are just looking for a quick bite to eat during the week so we're going to offer a slightly different menu than we do now. Members can expect to see chili, soups, sandwiches, and an occasional potato bar offered, and we hope to hear other suggestions from members on anything we can add. Additionally, to help reduce labor costs, the Wednesday membership meal will run from 6 to 8 p.m., instead of 9 p.m."

"As an added benefit for club membership, there will be special discounts on all

menu items at the new Wolf Pack Café that is due to open May 15 in place of the Home Court Café at the Falcon Community Center," said Mr. Montgomery. "The Wolf Pack Café features a coffee house, a brewpub, and a complete snack bar menu with old favorites and a healthy choice menu, to include an Atkins lineup. Club members will just show their card to receive their discount."

"We've done this as a way to expand club member benefits, and we're looking for other ways to do this too," said Mr. Montgomery. Starting this month, club members will have a chance to win a 2004 Harley Davidson Sportster. The contest and program are designed to promote awareness of the benefits of being a club member. The cost of providing the motorcycle for the promotion was significantly reduced through a combination of incentives, donations, and other support garnered by club management and the services marketing team. Details on how to win are available at the Loring Club cashier's cage. The winner of the new motorcycle will be announced at the annual Fourth of July block party.

With all the programs, activities and food the club provides, it's understandable why there is a need to support the Loring Club.

"Warriors need a place to gather," said Col. Robin Rand, 8th Fighter Wing commander. "We need a place to unwind, to celebrate our victories, to reflect on accomplishments, and to honor our superstars. The club is that place, but if we don't support the club it won't be around for us when we need it. We've got the best club in the Air Force two-years running right here at Kunsan. I've never seen a better club anywhere."

Courtesy of the 8th SVS

Hootie, Air Force bands ready to rock

HICKAM AIR FORCE BASE, Hawaii — When musicians take the stage to perform, it's a one shot deal. There are no second chances, no rewind buttons to hit — just the performers and the audience in a "what-you-see-is-what-you-get" environment.

As a result, the Airmen of the U.S. Air Force Band of the Pacific-Asia from Yokota Air Base, Japan, are giving "readiness" a new meaning.

Currently, band members are getting ready for Operation Pacific Greetings, a weeklong musical tour through bases in Japan, South Korea and Hawaii with rockers Hootie and the Blowfish headlining the venue.

Preparing for such a large-scale tour is no small feat by any standard, requiring months of planning, rehearsing and coordinating with contacts from all over the world.

"What many don't know is that we're also responsible to do all the advance work for every concert we do," said Capt. Daniel Price, the band's commander. "Not only do we spend hours with every event [point of contact], but we create intricate plans to ensure every performance goes smoothly."

Rehearsal, however, is still an integral part of preparation. "The more you bleed in rehearsal, the less you bleed on stage," said Tech. Sgt. Eric Horne, a pianist with 22 years of service and a band member on the tour.

Although PACAF bandmen will have rehearsed their individual roles

before the tour kicks off, the actual show rehearsal with musicians from the Band of the Air Force Reserve and Hootie and the Blowfish will not occur until about 24 hours prior to the first show at Misawa Air Base, Japan. Therefore, readiness is a top priority for the band.

Troop morale and troop retention are also two main goals of the tour.

"Music establishes a positive connection between the artists and the audience that can then be used in many different ways," said Captain Price. "Our first job is to get there and present an energetic show that captures people's attention."

This will enable the band members to deliver important messages to an audience who is ready to listen.

"We can tell them the Air Force cares about them and is trying to take care of them," said Captain Price. "We can let them know the Air Force knows they're out here in the Pacific and appreciates what they're doing to defend freedom — no matter if they are active duty or reserve."

As an ultimate goal, members of the OPG tour will paint a picture for a unified total force with active duty and reserve members working together side-by-side to accomplish an important mission, said Captain Price.

The band of the Pacific, Hootie and the Blowfish and the New England Patriot cheerleaders will perform at Kunsan May 17 at 7 p.m. in Hangar 3.



Photo By Staff Sgt. Keri Scoble

PAINTBALL: Staff Sgt. Jack McKee, 8th Aircraft Maintenance Squadron, plays paintball in Wolf Pack Park Saturday. Outdoor recreation offers paintball open-play throughout spring and summer. For more information, call outdoor recreation at 782-4938.

Online system reduces trips to education office

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — Four features now available under the Air Force's virtual education system give Airmen more control of their academic pursuits.

The Air Force Virtual Education Center is a Web-based system available to the total force that allows Airmen to do many of the things online that once required a trip to a base education office.

Airmen with accounts on the virtual center can now update personal data through the system, including rank, duty phone, and e-mail and postal mailing addresses.

New features allow users to view a complete history of their enrollment in courses taken using tuition assistance. Users will also be able to access a list of notifications concerning missing grades and payment suspenses, and they can check Defense Activity for Non-Traditional Education Support and College-Level Examination Program test results.

The virtual center came online in early 2003 and was designed to streamline the process of participating in off-duty education, said Jim Sweizer, Air Force chief of voluntary education.

"The system is taking all the things we used to do in the old days on paper and trying to move them into the virtual world," he said. "This is part of a customer service transformation."

The center's development is in line with similar developments in the civilian world. Being able to make payments online or to conduct business without leaving your home is something Airmen are familiar with and demand, Mr. Sweizer said.

"This is about convenience," he said. "Today you can pay bills in one place instead of running around to all locations, and that is a timesaver for consumers. In the

Air Force, the better customer service you can provide, the better it is for the student. (The virtual center) is about better customer service."

One of the most apparent benefits to customer service is the center's tight integration with the Community College of the Air Force, Mr. Sweizer said.

"Airmen can view their CCAF academic progress reports on the system," he said. "That process used to take six to eight weeks when done with a paper request. Today, (students) can go on the (virtual center) and immediately see what they need to complete their coursework."

The center also makes it easier for Airmen to have their CCAF transcripts sent to other universities.

Mr. Sweizer said the CCAF sends out as many as 65,000 transcripts a year to various schools.

"It was also a paper intensive process in the past," he said.

Sending out a transcript from CCAF to another school could have taken as many as six weeks when it was done entirely through paper mail and handwritten forms. With the virtual center, he said, the Air Force has reduced that process time to 24 hours.

While the virtual center does not currently allow Airmen to apply for tuition assistance online, officials said it soon will. In fact, application for tuition assistance will be a focal point on the site.

"The primary reason an Airman visits the education center is to start or continue college," Mr. Sweizer said. "The key component of that is tuition assistance. We fully fund tuition ... the goal is to have them sit at a computer and be able to apply for tuition assistance in the virtual world."

From a military computer, Airmen can sign up an account at <https://afvec.langley.af.mil>.



Wolf Pack Crime Watch

April 26:
Nothing to report.

April 27:
Nothing to report.

April 28:
Nothing to report

April 29:
Nothing to report.

April 30:
Loud noise complaint — An anonymous caller telephoned the security forces control center and said there was loud noise coming from outside dormitory 1408. Patrolmen arrived and made contact with the people and informed them about 24-hour noise discipline.

Article 92, Failure to obey an order or regulation and Article 134, Drunk and disorderly — A senior airman was verbally abusive to his wingman at the community activity center parking lot. A patrolman made contact with the senior airman and instructed him to go directly home and stay there. Approximately 10 minutes later a different patrolman saw the senior airman at the Loring Club and was instructed to take the senior airman into custody for Article 92, Disobeying a lawful order or regulation and Article 134, Disorderly conduct and Drunkenness.

May 1:
Open container violation — A patrolman issued

an airman first class a DD Form 1408 for littering. When the patrolman confronted the airman about the open container policy, the airman threw the container down on the ground.

May 2
Loud noise complaint — An anonymous caller telephoned the SFCC and said there was loud noise coming from the third floor of dormitory 614. Patrolmen made contact with a senior airman and informed her of the 24-hour noise discipline.

Loud noise complaint — A senior airman called the SFCC and said there was loud noise coming from the 600-series dorms courtyard. Patrolmen arrived and made contact with a group of individuals and briefed them on the 24-hour noise discipline.

Loud noise complaint — An anonymous caller telephoned the SFCC and said there was loud noise coming from the barbecue pit outside of dormitory 1303. Patrolmen made contact with a staff sergeant and informed him about 24-hour noise discipline.

Courtesy of the
8th Security Forces Squadron

I'm grateful, appreciative for benefits received

By Col. Douglas Tucker
8th Mission Support Group commander

As the Class of 2004's tour draws to a close, I want to express my thanks to the men and women of the Wolf Pack for the numerous "benefits" I've received during the time I served at Kunsan Air Base.

I'm grateful for the courage demonstrated by those of you who dared to answer the Wolf's challenge to follow and enforce our Air Force standards. To those individuals that stepped up and said, "I don't appreciate that language" or "we stand up when senior NCOs talk to us" or "don't walk past that trash — pick it up," I say thanks. I know that it can be difficult to correct peers or even superiors. I also know that it can be difficult to correct strangers. Bottom line: it takes courage. But it also takes courage to affect change in an honest and open manner. Anonymity can be both abused and misused. To offer honest negative feedback, to solicit a response from whomever you critique, to engage in a learned exchange without being threatened, all in the interest of seeking understanding and improvement ... that takes courage. And I've seen some of you demonstrate such courage.

I'm grateful to each of you for your demonstrated commitment to our mis-

sion. Each month, I see the personnel statistics that outline the number of first-term Airmen enrolled in career development courses striving to learn the fundamentals of their profession. These same individuals are also learning the basic ability to survive and operate skills required so that they can contribute to our primary mission of "taking the fight north." Add to those challenges the need to learn the skills associated with such additional duties as security forces squadron augmentee or search and recovery team member or disaster preparedness support team member and one is just beginning to appreciate what we ask of each of you.

I'm grateful for the leadership that is being shown across the wing. It's being demonstrated at all levels and in a number of different forums. From our Airmen on the flightline to our officers in our private organizations, I've observed our people stepping forward to make the Wolf Pack better. I've been impressed, as I've watched some of our junior leaders differentiate between personal opinions or desires and the valid need for change. This is a skill some senior leaders fail to grasp. It's not easy to prevent our personal convictions from influencing our dealings with others. I'm not advocating situational integrity or other "if it feels good do it" philosophies — there is no room

for that line of thought in our Air Force. However, there are traits and attributes we desire our followers to emulate that are not essential to mission success or good order and discipline. Those leaders that serve as living examples are the individuals who are making a lasting difference and I thank them for that.

I'm also grateful for your sacrifice. Some have left families behind. All have left friends behind. Some have put relationships on hold while others have individual goals on hold. Some have suffered losses of loved ones while others have missed births into their families. All lost the chance to participate in or be part of some "once in a life time" event. I realize that you've worked to stay involved ... shared those moments in writing, over the telephone, or web camera ... but I also acknowledge that it's just not the same. I know that it sounds trite, but your sacrifice is both necessary and valuable. People's freedom, our interests, and the ways of democracy are under attack around the globe. Your presence at Kunsan sends the message to those that are waging the attack that they will not succeed — not here — not while you're on duty.

And so I close, with a simple but sincere expression of gratitude. I thank you for your courage, your commitment, your leadership, but most of all, your sacrifice.

ACTION LINE 782-2004 action.line@kunsan.af.mil



Col. Robin Rand
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276

Q: Sir, is the speed limit at the corner of Avenue D & East 9th Ave (near building 511) 40 mph? That is a very dangerous corner. Is there a way for a mirror to be placed there so when folks are speeding around the corner they can see pedestrians coming?

A: Thank you for voicing your concern. The speed limit for that area is 25 mph. I too have observed that some drivers are exceeding the speed limit, and as a result, I have asked security forces to increase patrols in that area. Our security forces certifies more people on speed-detecting radar with each passing day — so speeders beware! As to placement of a mirror at that intersection, the 8th Civil Engineer Squadron traffic safety experts believe placing a mirror at that intersection would not be as helpful as restricting pedestrian traffic on that inside portion of the turn. These same experts have said that we should place signs instructing people to use the sidewalk. Thank you again for your concern for the safety of our Wolf Pack members.

Spotlights

Editors note: Spotlights is a section to highlight the achievements of Wolf Pack members. To submit a name for Spotlights, email wolfpackwarrior@kunsan.af.mil

Congratulations to the Wolf Pack's newest promotees

8th Mission Support Squadron

Senior Airman Jermaine McCrea
Master Sgt. Tim Talbot

8th Security Forces Squadron

Airman Mcsunny Francisco
Senior Airman Matthew Carden
Senior Airman Tony Moore
Senior Airman Adam Rockwood
Staff Sgt. Michael Bryant
Staff Sgt. Jerry Guerra
Tech. Sgt. Robert Danylchuk
Tech. Sgt. Denis Woods

8th Civil Engineer Squadron

Senior Airman Megan Dahill
Senior Airman Trevor Mcginley

Staff Sgt. Reynel Lora
Staff Sgt.
Emmanuel Ramirez-Fuentes
Staff Sgt. Dustin Stover

8th Communications Squadron

Senior Airman Beau Dewitt
Senior Airman Michael Hall
Staff Sgt. Jamie Bosarge

8th Logistics Readiness Squadron

Senior Airman Joshua Burkhardt
Senior Airman Shequeta Coleman
Senior Airman Thomas Dopson
Staff Sgt. Glen Daker
Staff Sgt. Jeremy Golden

8th Services Squadron

Tech. Sgt. Martigo Caldwell
Tech. Sgt. David Erwin

8th Operations Support Squadron

Staff Sgt. Nathaniel Espeland

Staff Sgt. Timothy Hamilton

8th Maintenance Group

Staff Sgt. Chris Guthrie

8th Maintenance Squadron

Airman 1st Class Kevin Rios
Senior Airman Kristy Adams
Senior Airman Michael Borer
Staff Sgt. Chris Adams
Staff Sgt. Emily Allen
Staff Sgt. Sedquwick Bell
Staff Sgt. Danielle Bowles
Staff Sgt. Donald Oakes
Staff Sgt. Jeremy Woodruff
Senior Master Sgt.
George Whitehead Jr.

8th Aircraft Maintenance Squadron

Tech. Sgt. Robert Jernigan

Army 1/43rd Air Defense Artillery Battalion Echo Battery

Pfc Jacob Burge



WOLF PACK WARRIOR
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Defend the base
Accept follow-on forces
Take the fight North

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Content

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Submissions

Deadline for submissions to the WOLF PACK WARRIOR is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the

right to edit all submissions to conform to Air Force journalism standards, local style, and available publication space. Submissions should be e-mailed to wolfpackwarrior@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

Contact Us

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We can also be reached by phone at 782-4705, by e-mail at wolfpackwarrior@kunsan.af.mil, or by fax at 782-7568.

MONTHLY SORTIE GOALS

Unit	Goal	Flown
35th FS	375	27
80th FS	321	33
8th FW	696	60



Community standard

Paying respect during military ceremonies

Military personnel are expected to render proper military courtesies (stand at attention and salute) during both the Korean and U.S. national anthems (unless unsafe to do so) and during Reveille and Retreat. Members in civilian clothes will stop, stand at attention, face the music or flag and place their right hand over their heart.

Angels
Of
Mercy

Nurses, technicians

By Capt. Krista Carlos
8th Fighter Wing Public Affairs

Imagine a time when nursing was seen as employment that needed neither study nor intelligence; and nurses were considered to be little less than prostitutes. Fast-forward to the 1970s, almost 150 years from the previous mindset, where nursing was not only considered a noble profession, but a national appreciation week was enacted to recognize the dedication of these "angels of mercy."

With the complete evolution of the ideology of nursing, it is important for Kunsan people to be aware of National Nurse Appreciation Week, which began Thursday and ends Wednesday, the birthday of Florence Nightingale, who is thought to be the founder of present-day nursing. Nurses and technicians from around the world, including here at the Wolf Pack, are honored for giving care to patients each day of the year.

"(National Nurse Appreciation Week) is not just for the nurses, but it's for the people who do actual patient care, the technicians, for example, and us," said Capt. Enmaria Chacon, 8th Medical Group nurse manager. "It's important because we are a vital part of a patient getting well ... nurses at the bedside are the ones who spend 12 hours a day with the patient."

"Here at Kunsan, the nurses are important because we do triage, we do education and we talk to the patients after the doctor treats them," said Captain Chacon.

The nurses and technicians in the 8th MDG are focused on primary care and preventative medicine disciplines, according to Captain Chacon. The technicians are the first people to interact with the patients. They take them to an examining room, perform vital signs checks and are a valuable part of the medical care process, she said.

During an emergency situation, the technicians are also part of the first response teams.

"They are very well-trained and if anything were to happen, they would come through," Captain Chacon said.

The nursing staff at Kunsan has a wealth of experience. The 8th MDG has six practicing nurses on staff, three have had prior military service. Their experience in nursing spans from three to 15 years, with Captain Chacon being the most experienced.

Most of the nurses assigned to Kunsan have critical care backgrounds "which is the highest acuity you can get," said Captain Chacon. "So if anything major would happen here, we would be able to act."

In addition to the nursing staff, the technician staff of 14 has several experienced members. Staff Sgt. Sabrina Offley, allergy and immunization technician, has nine-and-a-half years of experience in the Air Force and relays some of the best parts about patient care.

"I think the best part is when you're able to work at a hospital where there's a ward, where people stay for a while," said Sergeant Offley. "Of course you don't want them to be there because they're sick, but if they have to be, you can develop a relationship with them ... it's a little sad when you get attached to them, but at the same time you get a little friendship going and they trust you."

"Nurses and technicians in the military play a critical role in keeping the Airmen healthy and ready to accomplish the mission," Captain Chacon said. "At a small, remote, forward-deployed base such as Kunsan, this role is magnified even further. By providing medical care, giving direct patient care, assisting providers with medical treatment and helping to educate the Kunsan Air Base population in healthy living, nurses and technicians truly keep the Wolf Pack fit to fight tonight."

Photo illustration by Senior Airman Cat Trombley
Staff Sgt. Sabrina Offley, 8th Medical Operations Squadron, gives a TB test to a patient at the clinic here.



Today

Free food night The Loring Club offers barbecue chicken 6 to 9 p.m. for club members.

Howlin' Bowl The Yellow Sea Bowling Center offers Howlin' Bowl starting at 6:30 p.m. The cost is \$11 per person or \$50 per lane.

Karaoke The Falcon Community Center offers karaoke 8 p.m. to midnight.

Movie The base theater shows "Taking Lives," rated R, at 7 and 9:30 p.m.

Saturday

Gunsan City walking tour The family support center offers a walking tour of Gunsan City 9 a.m. to 4 p.m. Participants should bring enough won for purchases, lunch and bus fare. For more information, call 782-5644.

Movie The base theater shows "The Ladykillers," rated R, at 7 p.m. and again after the first showing.

Latin night The Loring Club hosts Latin night in the ballroom.

Prime Rib The Loring Club has a prime rib special — a 16-ounce "Wolf" cut for \$15.95 and a 12-ounce "Kun" cut for \$13.95 served from 6-9 p.m.

E-Mart trip The Falcon Community Center hosts a shopping trip to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Sunday

Brunch Extravaganza The Loring Club offers entree and side dishes for Sunday brunch 10:30 a.m. to 1 p.m. The price is \$12.95 per person. Club members receive a \$2 members first discount.

Birthday meal The O'Malley Dining Facility offers a free birthday meal to Wolf Pack members celebrating a birthday in May from 6:15 to 7:30 p.m. The deadline to sign up is today.

Movie The base theater shows "The

Ladykillers," rated R, at 6 p.m. and again after the first showing.

Dart tourney The Loring Club has a dart tournament at 7 p.m.

Spades The Falcon Community Center has a spades tournament at 2 p.m.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. The busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Free bowling for airman - senior airman The Yellow Sea Bowling Center offers three free games for airmen at 6:30 p.m., and \$1 bowling for everyone else.

Mexican Fiesta The Loring Club offers a Mexican fiesta lunch buffet from 11 a.m. to 1 p.m. The cost is \$6.95 with a discount for club members.

Movie madness The Falcon Community Center offers a double feature movie madness at 6 p.m.

Pool Tournament The Loring Club has a 9-ball pool tournament at 7 p.m.

Tuesday

Movie The base theater shows "Starsky and Hutch," rated PG-13, at 8 p.m.

\$2 Kun burger The Loring Club offers \$2 Kun burgers from 6-8 p.m.

Sumo wrestling The Loring Club offers Sumo wrestling at 7 p.m.

Straight Pool The Falcon Community Center has a straight pool 31-point tournament at 7 p.m.

Lunch buffet The Loring Club offers an Oriental buffet from 11 a.m. to 1 p.m. for \$6.95 with a discount for club members.

Ladies' Night bowling The

p.m. Both services are conducted in the chapel.

Gospel Gospel services are Sundays at 1 p.m. and the inspirational praise and worship service is Fridays at 7:30 p.m. at the chapel.

Sonlight Inn hours The Sonlight Inn is open every Sunday through Thursday from 6 to 10 p.m. Fridays from 6 p.m. to midnight, and Saturdays from 6:30 a.m. to midnight.

Sunday School and Bible studies The chapel hosts several schools and Bible study groups at the Sonlight Inn. Call the chapel for more information at 782-4300.

Chapel

Latter-Day Saint Services are Sundays at 3:30 p.m. at the chapel.

Catholic services Mass is Saturdays at 5:30 p.m., Sundays at 9 a.m., and every Monday and Wednesday through Friday at 11:30 a.m. at the chapel. Catholic Reconciliation is by appointment, Saturdays at 4:30 p.m. and Sundays at 8 a.m. R.C.I.A. is Wednesdays at 7 p.m. in the chapel conference room.

Protestant services General Protestant worship service is Sundays at 11 a.m. and the contemporary praise and worship service is Sundays at 6

OF THE PRIDE PACK

Job: 8th Maintenance Squadron munitions systems apprentice

Duties: Performs inspections, assembly and disassembly, of munitions items

Hometown: Cincinnati, Ohio

Follow-on: Ramstein Air Base, Germany

Hobbies: Photography, music, teaching English

Favorite music: Rock

Last good movie you saw: "Run Down"

Best thing you've done at Kunsan: Participating in honor guard



Airman 1st Class Daniel Staggs

"Airman Staggs has been an unwavering airman who has made positive impacts through dedicated and outstanding performance. Airman Staggs accurately accounted for over \$3.2 million of aircrew training munitions used for pilot proficiency. His outstanding efforts contributed to the discovery and repair of 200 laser-guided bombs overdue for field-confidence testing. He also excelled in completing 996 combat munitions reliability inspections. Airman Staggs is a leader among airmen and serves as the president of the Airmen's Advisory Council and has performed Town Patrol on 10 different nights. He has devoted over 50 hours as a member of the Wolf Pack Honor Guard. He has also contributed 188 hours working with 39 children at the Kae Chong Orphanage. Airman Staggs is clearly a superior performer and our best choice for 'Pride of the Pack.'"

Lt. Col. Robert Stephenson
8th Maintenance Squadron commander

Yellow Sea Bowling Center offers free bowling for ladies, all night, starting at 6 p.m.

Wednesday

Movie The base theater shows "Hidalgo," rated PG-13, at 8 p.m.

Return and Reunion The family support center offers a return and reunion briefing for those about to leave Kunsan every Wednesday, 3:30 to 4 p.m. at the Sonlight Inn. For more information, call 782-5644.

Pool tournament The Loring Club offers an 8-ball pool tournament at 7 p.m.

Free food The Loring Club offers club members a potato bar 6 to 8 p.m.

Karaoke The Falcon Community Center offers karaoke 8 p.m. to midnight.

Thursday

8-ball pool The Falcon Community Center has an 8-ball pool tournament at 7 p.m.

Korean orphanage Wolf Pack members interested in volunteering at the local Kae Chong Orphanage should meet in the military personnel flight parking lot Thursdays at 6:15 p.m. Transportation is provided. For more information, call Master Sgt. Bob Gardner at 782-4794.

Mongolian barbecue The Loring Club offers mongolian barbecue to club members from 5:30 to 8:30 p.m.

Movie The base theater shows "Hidalgo," rated PG-13, at 8 p.m.

To submit events for 7-Days, send an e-mail to wolfpackwarrior@kunsan.af.mil. Submissions must include time, date, place, and phone number.

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpack-warrior@kunsan.af.mil with "classifieds" in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

For Sale

Video card: ATI All-in-Wonder 7500 Video Card w/TV Tuner, PC Remote, Original CD and documents. Great for watching TV on a PC and capturing video for DVDs. Capture video or pictures directly from TV, VCR or Camcorder. \$70. Call Tech. Sgt. Bob Delloma 782-0423.

Volunteer Opportunities

American Red Cross Anyone interested in volunteering for the American Red Cross should call 782-4601 for more information.

Non-Hospital Volunteer Opportunities The family support center offers many volunteer opportunities, both on and off base. If interested in volunteering, call the FSC at 782-3772.

Wolf Pack Wheels

Monday through Thursday Departs Kunsan at 7:30 a.m. and 1 p.m. and departs Osan at noon and 6 p.m.

Friday Departs Kunsan at 7:30 a.m. and 6 p.m. and departs Osan at noon and 10 p.m.

Saturday Departs Kunsan at 7:30 a.m. and 10 a.m. and departs Osan at noon and 4 p.m.

Sunday Departs Kunsan at 7:30 a.m. and noon and departs Osan at noon and 5 p.m.

Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

It's never too late to quit

By Col. (Dr.) Kenneth Hoffman
US Army Medical Director,
Population Health Programs

Each year, millions of Americans try to quit and for each quitting attempt, many are successful. Although many depend on sheer willpower to quit, many more are more likely to succeed in permanently quitting tobacco with help from others, to include an interested health-care provider.

Nicotine is an addictive drug. Most people did not start smoking with the intention of becoming an addict. Smoking has been part of our culture and many people start because their friends start, or they want to be "grown up" and part of a lifestyle where smoking is important. Early on, smokers realize nicotine helps improve concentration, decrease appetite and improve one's mood.

If there was nothing pleasant about nicotine, it would not have the potential to become addictive. At some point, most smokers realize they would have been better off not smoking and each year, perhaps 70 percent of all active-duty smok-

ers want to quit. A good percentage of those try to quit and they find quitting is not so easy. Many are accustomed to smoking more than 10 cigarettes per day, perhaps smoking within 5 minutes of getting up in the morning.

There are specific times when the urge for a cigarette can be overwhelming. Without a smoke, the individual becomes highly stressed, irritable and unable to concentrate. At some level, smokers may come to realize that smoking is out of control. When the urge strikes, it becomes an obsession and use becomes compulsive. These components: symptoms of withdrawal, out of control use and obsessive-compulsive use, are what define nicotine as one of the most addictive drugs we have today. Many non-smokers do not appreciate the struggle it takes many smokers to permanently quit.

We want smokers to quit. Nicotine addiction adversely impacts readiness and the military's mission. In a field setting, a lit cigarette becomes a beacon in the dark and cigarette butts can be an important clue to enemy intelligence. Nicotine withdrawal decreases tolerance to stress, decreases the ability to concentrate, increases personal irritability, and

can disturb the sleep cycle needed for optimal performance. Tobacco smoke itself decreases the amount of oxygen and increases the amount of carbon monoxide in the blood so that personal endurance is decreased. Most smokers already realize these facts and are willing to quit if this can be accomplished successfully.

Military doctors and health-care teams can help all smokers successfully quit. While simple brief advice might help a small but significant number of smokers, we know that through the use of additional counseling, positive social support, stress management, nutritional counseling, nicotine replacement therapy and anti-craving medications, we can help a far greater number. All these options are currently available to our military health care beneficiaries through our medical treatment facilities and health promotion programs.

The military health-care system wants all tobacco users to successfully quit. We want to help. The Kunsan Health and Wellness Center offers Tobacco Cessation classes every Thursday. For more information, contact Tech. Sgt. Roderick Pettway at 782-4305.

Health effects of sunburn and UV rays

◆ **Actinic Keratoses:** Skin growths that happen on areas exposed to the sun. The face, hands, forearms and part of the neck are perfect candidates for this. If left untreated they can be serious.

◆ **Premature Aging of the Skin:** Longtime exposure to the sun causes the skin to become thick, wrinkled and leathery. Because it happens over the years, there's not much anyone can do. With proper protection, like wearing sun screen, this condition can be avoided.

◆ **Cataracts and Other Eye Damage:** What some people might not be aware of is the serious damage the sun can do to their eyes. If cataracts (a condition that causes cloudy vision) aren't treated, they can cause blindness. Other eye damage includes tissue growth on the white of the eye that can block vision, skin cancer around the eyes, and retinal damage.

How to protect yourself

◆ **Limit your time in the sun.** The UV rays are the strongest between 10 a.m. and 4 p.m.

◆ **Wear sunglasses that provide 99 to 100 percent UVA and UVB.** This protection helps prevent cataracts and other eye damage.

◆ **Wear a hat,** especially one with a wide brim. This might not always be the fashion trend of the season, but it will prevent you from looking like beef jerky in 20 years.

◆ **Always use sunscreen.** It should have a sun protection factor of at least 15, though you can find sunscreens with a much higher SPF. Reapply every two hours, including the type that is waterproof. It comes off with sweat or when you towel dry. Don't forget to wear lip balm that has a SPF of 15.

Information courtesy of
www.kidzworld.com



Photo By Staff Sgt. Keri Scroble

THE LEADER OF THE PACK: (From left to right) Robin Rand, 8th Fighter Wing commander; Rick Jones, 8th Maintenance Group commander; Kurt Neubauer, 8th Operations Group commander; Bill Coutts, 8th Fighter Wing vice commander; and Michael McKinney, former 8th Operations Group deputy commander, participate in spin class April 28 at the fitness annex here. Wing leadership participates weekly in the class.

SPORTS SHORTS

Varsity Soccer

The varsity soccer team is looking for players. Those interested should call Master Sgt. Timothy Fearney at 782-3870, or e-mail him at timothy.fearney@kunsan.af.mil. Practice is held every Tuesday and Thursday from 6 to 8 p.m. at the base soccer field adjacent to the fitness center

Aerobics classes

The fitness center offers aerobics classes every Monday, Wednesday and Friday at 6:15 a.m. For

more information on these classes, call the fitness center at 782-4026.

Sunday spin class

The fitness center offers spin class Sundays at 4 p.m. in the fitness center annex.

Spinning instructors needed

The fitness center needs spin class instructors. The 8th Services Squadron will pay certified instructors. For more information, call 782-4026.

Kickboxing aerobics

The fitness center offers aerobic kickboxing classes every Monday, Tuesday and Thursday at 5 p.m.

at the fitness center. For more information, call 782-4026.

Lifeguards needed

The 8th Services Squadron is looking for lifeguards for the upcoming 2004 swim season. Contact the fitness center at 782-4026 for more information.

Bench-press club

Weight lifters are invited to join the bench-press club. See a fitness center staff member for details or to sign up.

To submit a sports shorts e-mail
wolfpackwarrior@kunsan.af.mil



Senior Airman Eric Spencer, 8th Civil Engineer Squadron Explosive Ordnance Disposal Flight, examines a MK-84 2,000 pound bomb for safety after the trailer it sits on was involved in an accident with a maintenance 'bread truck' Tuesday during the quarterly Full Spectrum Threat Response exercise.

Photos by Master Sgt. Randy Phelps



Members of the 8th CES Fire Protection Flight remove Staff Sgt. Gary Talbot, 8th Aircraft Maintenance Squadron, from a vehicle after it was involved in an accident with a weapons trailer during the FSTR exercise Tuesday.

FSTR: WOLF PACK PREPARES FOR CRISIS SITUATIONS



Tech. Sgt. Vincent Myers, 8th CES, left, attaches a neck brace to Staff Sgt. Gary Talbot, 8th AMXS, before removing him from a maintenance vehicle involved in a crash with a weapons trailer. As a first-responder, Sergeant Myers is tasked with rendering aid to any victims and removing them from the scene so explosive ordnance people can safe the weapons involved in the accident.