

From: CDR USPACOM HONOLULU HI//J07//mailto:amhsadmin@hq.pacom.smil.mil
Sent: Wednesday, February 17, 2016 10:34 AM
To: PACOM JOC NCO
Subject: (U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE

PAAUZYUW RUICAA0838 0482032-UUUU--RUICAA.
ZNR UUUUU ZDH ZUI RUEOMCG1605 0482032
P 170145Z FEB 16
FM CDR USPACOM HONOLULU HI//J07//
TO RUEADWD/HQDA SURG GEN WASHINGTON DC
RUIAAAA/CDRUSARPAC FT SHAFTER HI
RUIAAAA/CDRUSARPAC CG FT SHAFTER HI
RUIAAAA/USARPAC COMMAND CENTER FT SHAFTER HI RUOIAAA/COMPACFLT PEARL HARBOR HI
RUOIBBB/COMPACFLT PEARL HARBOR HI RUIAAAA/HQ ALCOM ELMENDORF AFB AK
RUALSFJ/COMUSJAPAN YOKOTA AB JA RUIAAAA/HQ PACAF HICKAM AFB HI RUIAAAA/PACAF CC
HICKAM AFB HI RUACACJ/COMUSKOREA CP SEOUL KOR RUEKJCS/JOINT STAFF J3 WASHINGTON DC
INFO RUOIAAA/USFJ COMMAND CENTER RUIAAAA/COMUSKOREA J3 EOC SEOUL KOR RUEKJCS/JOINT
STAFF WASHINGTON DC RUOIAAA/CNO WASHINGTON DC RUJDAAA/COMMARFORPAC
RUJDAAA/COMMARFORPAC G THREE RUICAA/COMSOPAC HONOLULU HI RUIHAAA/CDR
USTRANSCOM SCOTT AFB IL RUEABOL/HQ USAF BOLLING AFB DC RUOIAAA/COMSEVENTHFLT
RUJDAAA/CG III MEF G FOUR RUJAAAA/CDR 18TH MEDCOM DEPLOYMENT SUPPORT FT SHAFTER HI
RUACMXI/KAIS 7AF OSAN AB KOR RUOIAAA/NAVHOSP OKINAWA JA RUOIAAA/NAVHOSP YOKOSUKA JA
RUICAA/HQ USPACOM RUICAA/HQ USPACOM JOC BT UNCLAS
SUBJ/(U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE PASS TO HQDA SURGEON
GENERAL CDRUSARPAC FT SHAFTER HI COMPACFLT PEARL HARBOR HI HQ ALCOM ELMENDORF AFB AK
COMUSJAPAN YOKOTA AB JA HQ PACAF HICKAM AFB HI CDR USFK SEOUL KOR INFO JOINT STAFF
WASHINGTON DC CNO WASHINGTON DC COMMARFORPAC CMD OPS CENTER COMMARFORPAC G
THREE COMSOPAC CAMP SMITH HI CDRUSTRANSCOM SCOTT AFB IL HQ USAF BOLLING AFB DC
COMSEVENTHFLT CG III MEF G FOUR CDR18TH MEDCOM (DS) FT SHAFTER FLATS HI KAIS 7AF OSAN AB
KOR NAVHOSP OKINAWA JA NAVHOSP YOKOSUKA JA HQ USPACOM JOC

SUBJ/(U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE//

REF/A/DOC/DOD/9OCT2004/DOD DIRECTIVE (DODD) 6200.04, FORCE HEALTH PROTECTION.//
REF/B/USPACOM/MSG/022027Z OCT 2015, USPACOM FY 2016 FORCE HEALTH PROTECTION GUIDANCE
FOR USPACOM AOR.
REF/C/DOC/DOD/28DEC09//DODD 4500.54E, DOD FOREIGN CLEARANCE PROGRAM.
REF/D/DOC/AFPMB/06NOV15//ARMED FORCES PEST MANAGEMENT BOARD TECHNICAL GUIDE
NUMBER 36, PERSONAL PROTECTIVE MEASURES AGAINST INSECTS AND OTHER ARTHROPODS OF
MILITARY SIGNIFICANCE.
REF/E/DOC/ASBPO/03FEB16//GUIDANCE REGARDING ZIKA, DENGUE AND CHIKUNGUNYA VIRUSES.
REF/F/DOC/ASDHA/05FEB16//ZIKA VIRUS INFORMATION FOR DOD MEDICAL PERSONNEL.

1.(U) THIS MESSAGE IS FOR ALL FORCES LOCATED WITHIN THE USPACOM AREA OF RESPONSIBILITY
(AOR). PER REFERENCES (A) THROUGH (C), **SERVICE MEMBERS MUST COMPLY WITH ALL DOD TRAVEL
GUIDANCE. THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) ASSIGNED ALERT LEVEL 2
"PRACTICE ENHANCED PRECAUTIONS" STATUS AND ISSUED TRAVEL NOTICES RELATING TO THE ZIKA
VIRUS FOR NUMEROUS COUNTRIES AND TERRITORIES** AT HTTP:(DOUBLE

SLASH)WWW.CDC.GOV/ZIKA/GEO/INDEX.HTML WITHIN THE USPACOM AOR **THIS CURRENTLY INCLUDES AMERICAN SAMOA, SAMOA, AND TONGA.** THE CDC ISSUED THESE NOTICES DUE TO ONGOING ZIKA TRANSMISSION AND CONCERN THAT THE VIRUS MAY CAUSE SERIOUS BIRTH DEFECTS IN THE UNBORN CHILDREN OF WOMEN INFECTED DURING PREGNANCY.

2.(U) BACKGROUND: AEDES SPECIES MOSQUITOES ARE PREVALENT THROUGHOUT TROPICAL AND TEMPERATE REGIONS OF THE WORLD AND MOST OFTEN BITE DURING THE DAY. THESE MOSQUITOES CAN TRANSMIT ZIKA, DENGUE, AND CHIKUNGUNYA VIRUSES. CURRENTLY, THE BIG ISLAND OF HAWAII IS RECOVERING FROM A DENGUE OUTBREAK, WHILE MANY COUNTRIES IN THE USPACOM AOR ARE EXPERIENCING LARGE DENGUE CONCERNS. PRIOR TO 2015, ZIKA VIRUS OUTBREAKS OCCURRED IN AREAS OF AFRICA, SOUTHEAST ASIA, AND THE PACIFIC ISLANDS. ZIKA INFECTIONS HAVE BEEN REPORTED IN TRAVELERS RETURNING TO THE UNITED STATES FOLLOWING TRAVEL TO AREAS WITH ACTIVE ZIKA VIRUS TRANSMISSION. MOSQUITO BITES ARE THE PRIMARY WAY THAT ZIKA IS SPREAD; HOWEVER, THE ZIKA VIRUS HAS BEEN REPORTED TO HAVE BEEN TRANSMITTED THROUGH SEXUAL CONTACT AND BLOOD TRANSFUSION. THE CDC IS INVESTIGATING THESE REPORTS: HTTP:(DOUBLE SLASH)WWW.CDC.GOV/ZIKA/TRANSMISSION/INDEX.HTML. THERE IS NO VACCINE OR MEDICATION AVAILABLE TO PREVENT ZIKA VIRUS INFECTIONS. THE MOST EFFECTIVE WAY TO PREVENT INFECTION IS TO PRACTICE STRICT MOSQUITO BITE PREVENTIVE MEASURES. PROPER PERSONAL PROTECTIVE MEASURES TO MINIMIZE MOSQUITO BITES CAN BE FOUND IN REFERENCE D AT HTTP:(DOUBLE SLASH)WWW.AFPMB.ORG/SITES/DEFAULT/FILES/PUBS/TECHGUIDES/TG36.PDF.

3.(U) SYMPTOMS: THE MOST COMMON ZIKA SYMPTOMS ARE FEVER, RASH, JOINT PAIN, AND CONJUNCTIVITIS (RED EYES). OTHER SYMPTOMS INCLUDE MUSCLE PAIN AND HEADACHE. FOUR (4) OUT OF FIVE (5) PEOPLE INFECTED WITH ZIKA VIRUS DON'T EVEN KNOW THEY HAVE THE DISEASE. THE SICKNESS IS USUALLY MILD WITH SYMPTOMS LASTING FOR SEVERAL DAYS TO A WEEK. PEOPLE USUALLY DON'T GET SICK ENOUGH TO GO TO THE HOSPITAL, AND THEY VERY RARELY DIE OF ZIKA.

4.(U) ZIKA-AFFECTED AREAS AND RISK ASSESSMENT: NOT ALL AREAS WITHIN ZIKA-AFFECTED COUNTRIES ARE EQUALLY AFFECTED. EVALUATION OF POTENTIAL THREATS TO TRAVELERS, DEPLOYED PERSONNEL, AND THOSE STATIONED IN ZIKA-AFFECTED COUNTRIES AND TERRITORIES SHOULD CONSIDER THE LOCATIONS OF ZIKA PREVALENCE (ZIKA-AFFECTED AREAS) RELATIVE TO THE LOCATIONS WHERE PERSONNEL WILL LIVE AND WORK. SEE HTTP:(DOUBLE SLASH)WWW.CDC.GOV/ZIKA/GEO/INDEX.HTML.

5.(U) **COMMANDERS WILL ENSURE SERVICE MEMBERS AND DOD CIVILIANS TRAVELING TO ZIKA-AFFECTED AREAS, WHETHER ON DUTY OR IN A LEAVE STATUS, ARE AWARE OF THESE TRAVEL NOTICES AND ARE COMPLIANT WITH ALL FORCE HEALTH PROTECTION RECOMMENDATIONS, INCLUDING USE OF APPROPRIATE PERSONAL PROTECTIVE EQUIPMENT AND OTHER MEASURES TO PREVENT MOSQUITO BITES. COMMANDERS WILL ADVISE SERVICE MEMBERS AND DOD CIVILIANS TO MAKE THEIR DEPENDENTS AWARE OF THE CDC TRAVEL ADVISORIES. THE FOLLOWING STEPS ARE RECOMMENDED IF TRAVELING TO AN AREA WITH ONGOING ZIKA VIRUS TRANSMISSION:**

5.A. IF APPLICABLE, CHOOSE A HOTEL OR LODGING WITH AIR CONDITIONING OR WITH SCREENS ON WINDOWS AND DOORS.

5.B. SLEEP UNDER A MOSQUITO BED NET IF OUTSIDE OR IN A ROOM THAT IS NOT WELL SCREENED.

5.C. COVER EXPOSED SKIN BY WEARING LONG-SLEEVED SHIRTS AND LONG PANTS.

5.D. USE EPA-REGISTERED INSECT REPELLENTS CONTAINING DEET, PICARIDIN, OR IR3535. WHEN USED AS DIRECTED, THESE ARE SAFE FOR PREGNANT AND BREASTFEEDING WOMEN.

5.E. USE PERMETHRIN-TREATED CLOTHING AND EQUIPMENT.

5.F. THESE PROTECTIVE MEASURES ARE RECOMMENDED FOR ALL MOSQUITO-BORNE DISEASES (LIKE DENGUE AND MALARIA).

6.(U) FEMALE SERVICE MEMBERS, DOD CIVILIANS, AND FAMILY MEMBERS WHO ARE PREGNANT SHOULD CONSULT THEIR HEALTHCARE PROVIDER REGARDING THE POTENTIAL RISKS OF ZIKA TRANSMISSION PRIOR TO TRAVELING (OR IF RESIDING IN/OR RETURNING FROM TRAVEL) TO ZIKA-AFFECTED AREAS. COMMANDER APPROVAL OF SERVICE MEMBERS POSTPONING TRAVEL IS MISSION DEPENDENT AND PREGNANCY REMAINS A DEPLOYMENT-LIMITING CONDITION.

7.(U) WOMEN OF CHILDBEARING AGE WHO ARE SEXUALLY ACTIVE AND CURRENTLY SERVING OR WILL BE SERVING IN AN ACTIVE ZIKA TRANSMISSION AREA SHOULD CONTACT THEIR HEALTHCARE PROVIDER TO RECEIVE COUNSELING REGARDING THE POTENTIAL RISKS OF ZIKA TRANSMISSION AND APPROPRIATE PRECAUTIONARY MEASURES. MALE MEMBERS WHO HAVE SERVED IN ACTIVE ZIKA VIRUS TRANSMISSION AREAS AND THEIR SEXUAL PARTNERS SHOULD BE ADVISED TO REVIEW THE CDC GUIDANCE AT [HTTP:\(DOUBLE SLASH\)WWW.CDC.GOV/ZIKA/PREGNANCY/QUESTION-ANSWERS.HTML](http://WWW.CDC.GOV/ZIKA/PREGNANCY/QUESTION-ANSWERS.HTML) <<http://WWW.CDC.GOV/ZIKA/PREGNANCY/QUESTION-ANSWERS.HTML>> .

8.(U) POST-TRAVEL TO ZIKA-AFFECTED AREAS: ALL DOD PERSONNEL AND THEIR DEPENDENTS WHO HAVE TRAVELED TO ZIKA-AFFECTED AREAS AND SUSPECT THAT THEY MAY HAVE BEEN INFECTED WITH ZIKA VIRUS SHOULD INFORM THEIR HEALTHCARE PROVIDER IMMEDIATELY AND REPORT THEIR TRAVEL HISTORY. THERE IS EVIDENCE THAT ZIKA VIRUS CAN BE TRANSMITTED THROUGH SEXUAL CONTACT. THE CDC HAS DEVELOPED INTERIM GUIDELINES FOR PREVENTION OF SEXUAL TRANSMISSION OF ZIKA VIRUS, 05 FEB 2016: [HTTP:\(DOUBLE SLASH\)WWW.CDC.GOV/MMWR/VOLUMES/65/WR/MM6505E1.HTM?S_CID=MM6505E1_E](http://WWW.CDC.GOV/MMWR/VOLUMES/65/WR/MM6505E1.HTM?S_CID=MM6505E1_E). THE ARMED SERVICES BLOOD PROGRAM OFFICE HAS REQUESTED ALL SITES IMPLEMENTS A 28-DAY SELF-DEFERRAL FOR DONORS AFTER TRAVEL TO ACTIVE ZIKA TRANSMISSION AREAS (REF E): [HTTPS:\(DOUBLE SLASH\)WWW.MILITARYBLOOD.DOD.MIL/STAFF/BPL/BPL%2016-02%20GUIDANCE%20REGARDING%20ZIKA,%20DENGUE%20AND%20CHIKUNGUNYA%20VIRUSES.PDF](https://WWW.MILITARYBLOOD.DOD.MIL/STAFF/BPL/BPL%2016-02%20GUIDANCE%20REGARDING%20ZIKA,%20DENGUE%20AND%20CHIKUNGUNYA%20VIRUSES.PDF).

9.(U) EVOLVING THREAT: THE ZIKA THREAT IS EVOLVING AND PREDICTED TO REMAIN A CONCERN FOR THE FORESEEABLE FUTURE. THE ABILITY TO PREVENT, DETECT, AND TREAT WILL ALSO BE BETTER DEFINED AND MODIFIED OVER THE COMING WEEKS AND MONTHS. AS INFORMATION BECOMES AVAILABLE ON SPECIFIC ZIKA ENDEMIC AREAS, IT WILL BE POSSIBLE TO DETERMINE WHERE THE ZIKA THREAT IS OF GREATEST CONCERN.

10.(U) POLICY: ASIDE FROM CDC GUIDANCE, ASD/HA PUBLISHED INFORMATION FOR DOD MEDICAL PERSONNEL (REF F): ZIKA VIRUS INFORMATION FOR DOD MEDICAL PERSONNEL, 5 FEB 2016: [HTTPS:\(DOUBLES LASH\)MHS.HEALTH.MIL/CONTENT/ASDHA/ASD-HA%20MEMO%20-%20ZIKA%20VIRUS%20INFO%20FO%20DOD%20MED%20PERS.PDF](https://MHS.HEALTH.MIL/CONTENT/ASDHA/ASD-HA%20MEMO%20-%20ZIKA%20VIRUS%20INFO%20FO%20DOD%20MED%20PERS.PDF). ARMED FORCES HEALTH SURVEILLANCE BRANCH ISSUED REPORTING INSTRUCTIONS: DETECTING AND REPORTING DOD CASES OF ACUTE ZIKA VIRUS DISEASE GUIDANCE, 5 FEB 2016: [HTTPS:\(DOUBLE SLASH\)WWW.AFHSC.MIL/DOCUMENTS/PUBS/DOCUMENTS/AFHSB_DETECTING_REPORTING_DOD_CASES_OF_ZIKA.PDF](https://WWW.AFHSC.MIL/DOCUMENTS/PUBS/DOCUMENTS/AFHSB_DETECTING_REPORTING_DOD_CASES_OF_ZIKA.PDF).

11.(U) UPDATED CDC TRAVEL ADVISORY INFORMATION CAN BE ACCESSED AT [HTTP:\(DOUBLE SLASH\)WWW.CDC.GOV/TRAVEL/NOTICES](http://WWW.CDC.GOV/TRAVEL/NOTICES). ADDITIONAL INFORMATION CAN BE FOUND AT [HTTP:\(DOUBLE SLASH\)WWW.CDC.GOV/ZIKA/](http://WWW.CDC.GOV/ZIKA/).

12.(U) THIS MESSAGE MAY BE MODIFIED AS INFORMATION BECOMES AVAILABLE.

13.(U) PUBLIC AFFAIRS GUIDANCE: THE PA POSTURE IS RESPONSE TO QUERY. THE CDC HAS THE OVERALL LEAD FOR COMMUNICATIONS REGARDING ZIKA. MEDIA AND GENERAL INQUIRIES ABOUT THIS MESSAGE SHOULD BE DIRECTED TO USPACOM PUBLIC AFFAIRS AT 808-477-1342.

14.(U) POC, PACOM SURGEONS OFFICE, JOC-MED.PACOM(AT)NAVY.MIL; 808-477-7885.

GENTEXT/AUTHENTICATION/-----/J3// ACKNLDG/YES//

BT

#08388045

NNNN

Received from AUTODIN 172033Z Feb 16

Classification: UNCLASSIFIED